

Mentoring

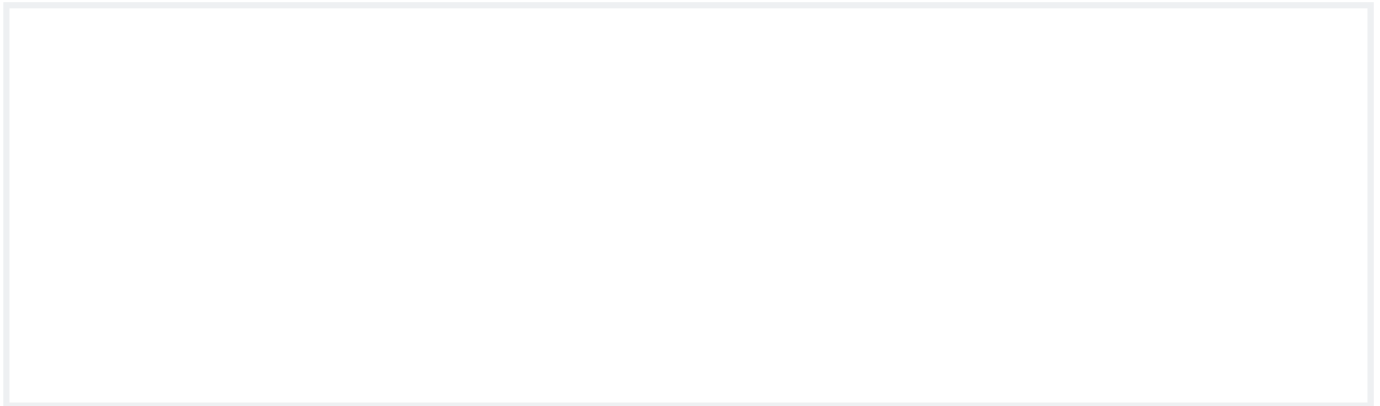
WORKBOOK



Mentoring

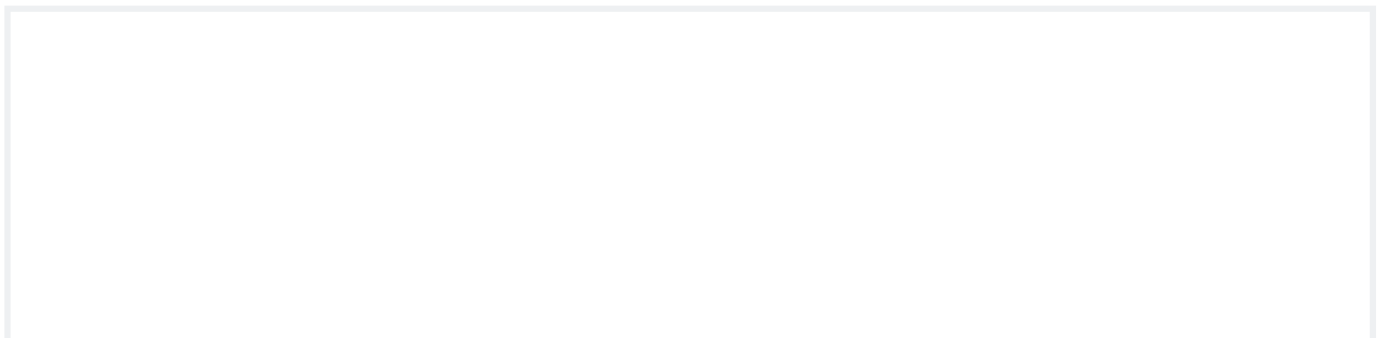
Mentoring

Mentoring is a partnership between at least two people which supports professional and personal development. What words come to mind when you hear the word "mentoring"?



A good mentor

What characteristics does a good mentor have?



Mentoring and Reverse Mentoring

WHAT IS MENTORING?

HOW CAN YOU DEFINE A GOOD MENTORSHIP?

WHAT IS REVERSE MENTORING?

WHAT ARE THE BENEFITS OF MENTORING?

WHAT ARE THE BENEFITS OF MENTORING?

Next Steps

WHAT ARE YOUR NEXT STEPS?

1.

2.

3.

4.

5.

6.

7.

8.

9.

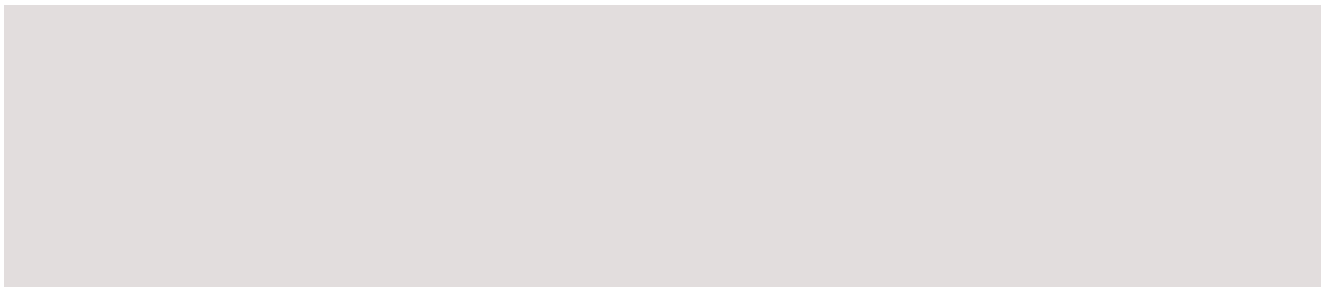
10.

Key Takeaways

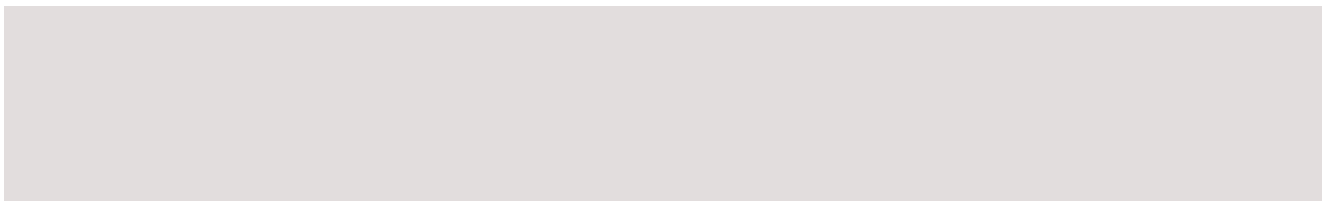
TAKEAWAY 01.



TAKEAWAY 02.



TAKEAWAY 03.



TAKEAWAY 04.

